

CULTURAL WEALTH WORKSHEET

IDENTIFYING AND HARNESSING CULTURAL WEALTH IN IMMIGRANTS

Capital	Reflection Question	Examples in your life or work
<p><i>Aspirational</i></p> <p><i>Ability to maintain hopes, dreams and goals with resilience.</i></p>	<p><i>How are we supporting the maintenance and growth of immigrants' aspirations?</i></p> <p><i>What assumptions do we have about immigrants' aspirations?</i></p>	
<p><i>Navigational</i></p> <p><i>Ability to navigate resiliently through systems with barriers.</i></p>	<p><i>How do we help immigrants navigate our institutions?</i></p> <p><i>How willing are we to acknowledge that our institutions, both their structures and cultures, have a history of, and may still in many ways be unsupportive and/or hostile to immigrants and their communities?</i></p>	
<p><i>Familial</i></p> <p><i>Ability to use and have social and personal human resources.</i></p>	<p><i>How do we recognize and help immigrants draw on wisdom, values and stories from their home communities?</i></p> <p><i>How do we create environments that honor and invite families to participate?</i></p>	

<p>Linguistic</p> <p><i>Ability to use multiple languages and communication styles for listening and sharing.</i></p>	<p><i>How are we supporting the language and communication strengths of immigrants?</i></p> <p><i>To what degree does our service utilize inclusive linguistic practices?</i></p>	
<p>Resistance</p> <p><i>Ability to actively resist and survive attacks on their humanity. The knowledge, attitudes and beliefs that strive to interrupt and dismantle systems of oppression.</i></p>	<p><i>How do we support immigrants who are committed to engaging in and serving their home communities (however they define these)?</i></p> <p><i>What opportunities do we provide immigrants in and outside of our work/clinical spaces to prepare them for participation in a diverse democracy?</i></p>	
<p>Social</p> <p><i>Network of peers and social contacts that are committed to sharing information, community resources, emotional support and guidance.</i></p>	<p><i>How do we help immigrants stay connected to the communities and individuals instrumental in their success?</i></p> <p><i>How do we engage with immigrants and community-based organizations about services and the types of supports immigrants need?</i></p>	

Adapted from: Yosso, T.J. (2005). Whose culture has capital? *Race, Ethnicity and Education*, 8(1), pp. 69–91. Source <http://web.csulb.edu/divisions/aa/personnel/fcpd/workshops/documents/Wrk1EditedYossoCulturalWealthSummary.pdf>