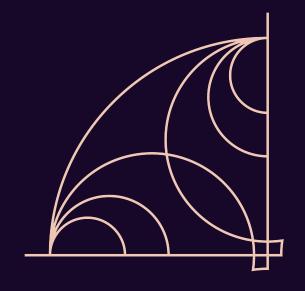


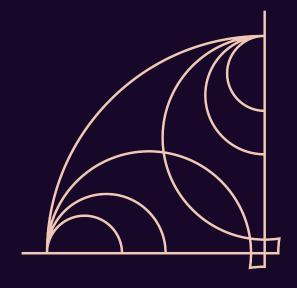
# DEICIPHER GROUP WELCOME!



When we take an embodied approach to "doing DEI" that centers:

- -decolonization
- -active restoration
- -creativity
- -integration / communication

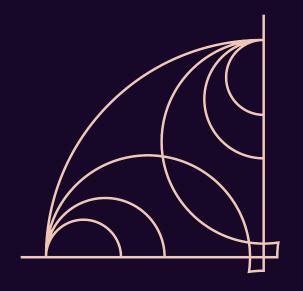
DEIcipher
At the
Intersection of
DEI + Wellness



DEIcipher
At the
Intersection of
DEI + Wellness

When we take a creative approach in our DEI transformational work that allows for:

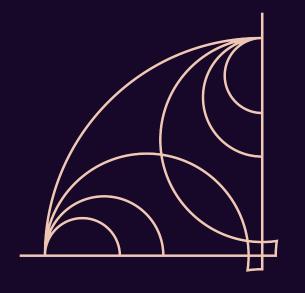
- -internal experience of the senses,
- -infusion of creativity
- -generative space allowing ideas, experiences, and identities to mix, mingle and intersperse...



we discover the missing element we were looking for - the catalyst for change- lives in the folds of your body.

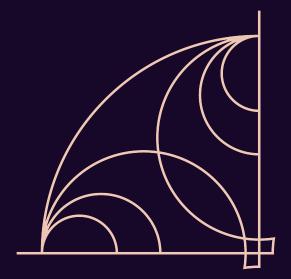
DEIcipher
At the Intersection
of
DEI + Wellness





Personal Reflection

- What kind of DEI training experiences have you had?
- How did they make you feel?
- How would you want them to feel in the future?

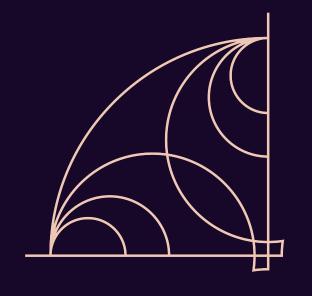


Humans are intrinsically good

### We want DEI to work.

Diversity Equity Inclusion

Obstacles Resistance Accountability

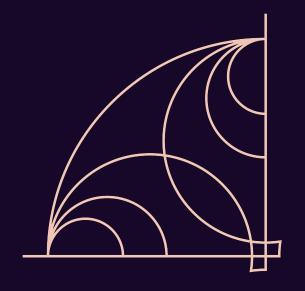


**DECOLONIZATION + ETHICS** 

**ACTIVE RESTORATION** 

**CREATIVITY + SOLUTIONS** 

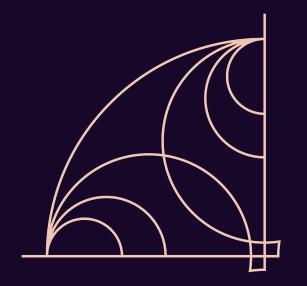
INTEGRATION + COMMUNICATION



## HOW ARE YOU ARRIVING AT THIS SESSION?

### DECOLONIZATION

If we describe DEI (diversity, equity & inclusion) as the 'what' in solving the equity puzzle, decolonization is the 'how'.



Decolonization

Land Acknowledgment:

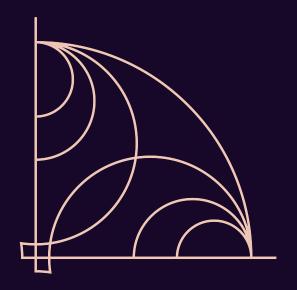
returning the land to the body

allowing all of you to arrive

acknowledgment of the multi-dimensional nature of being

What would it look like to reimagine wellness in the workplace? How can wellness spaces be spaces for embodied DEI work?

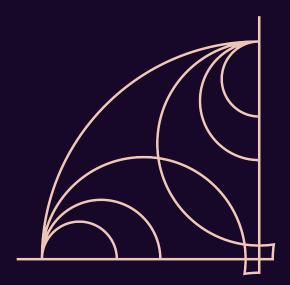
Yoga Classes
Onsite Fitness Classes
Chair Massage
Educational Classes
HSA - Health Savings Account
Offsite Events
Competitive Activities



Common Wellness Programming

### **ACTIVE RESTORATION**

Providing sustainable, accessible, and effective ways to revitalize the systems of the body is essential for easing our overworked minds and fostering practices that create lasting impact for ourselves, our communities and beyond.

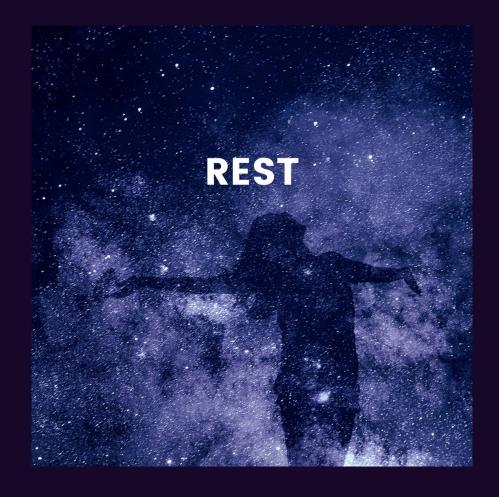


Active Restoration



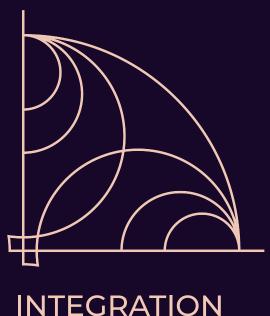
### CREATIVITY

We need innovative solutions in order to transform outdated systems and to center a generative, collaborative, cohort-responsive process as a core focus in every aspect of what we do.





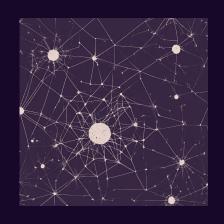
What's one thing you can integrate and take action on from this session today?



#### INTEGRATION AND MESSAGING

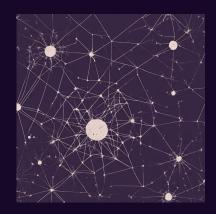
Exploring your marketing and communications landscape serves as a space to integrate accountability, creativity and decentralized leadership.

## QUESTIONS / REFLECTIONS



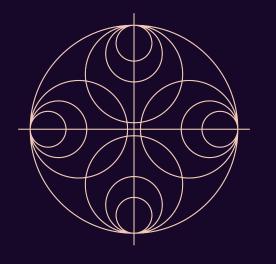
## WEBWORK

## A SPACE FOR EMBODIED DEI TRANSFORMATION



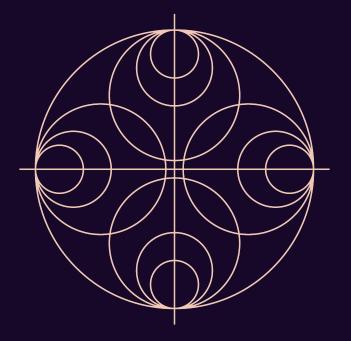
## WEBWORK A SPACE FOR EMBODIED DEI TRANSFORMATION

- Innovative and sustainable strategies to embed diversity, equity, and inclusion into your workplaces and communities.
- Resources to cultivate decentralized leadership skills aligned with mission, vision and values.
- Methods that bring ease and depth in communication and conflict resolution.



## THANK YOU!

Disclosures: None



www.DElcipher.com